BUSINESS BULLETIN



Welcome to the latest edition of Nottingham Hospitals Charity Business Bulletin.

In this edition, we are celebrating our corporate supporters and looking forward to the future. Christmas is not far away now so we've also included a leaflet with ways you can fundraise and support your local hospitals this festive season.

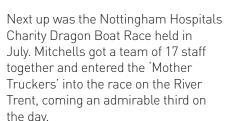
Nottingham Hospitals Charity (registered charity number 1165397) is here to help your local hospitals. We're the charity at the heart of Nottingham University Hospitals NHS Trust, supporting the very best care for patients at Queen's Medical Centre, City Hospital, Ropewalk House, Hayward House and Nottingham Children's Hospital.

Mitchells go the extra mile!

We are privileged to work with some amazing companies as they support Nottingham's hospitals. Over the last six months, Mitchells of Mansfield have literally pushed the boat out in terms of how far they are prepared to go for the cause!



Mitchells' first challenge was taking on a virtual cycle covering the distance from Land's End to John O'Groats and back to Hayward House – a massive 1654 miles! Staff took it in turns to cycle on a static bike to get the miles covered. A team then took on the last few miles from their offices in Mansfield to Hayward House in person, where we were delighted to welcome them to the Hayward House garden and celebrate their achievement. The cycle event fundraising was also boosted by an online raffle.



Inspired by their time on the water, Mitchells agreed to represent Nottingham Hospitals Charity in the UK Corporate Games Dragon Boat Race, which took place in August alongside the Nottingham Riverside Festival. Once again the Mitchells team pulled out all the stops, raising another £750 and coming in third place overall.

In addition to the above, Mitchells' support with our Christmas Tree Recycling scheme is invaluable. We really could not do it without them!



Richard Montgomery, Managing Director, said "It has been an honour to raise money for the Hayward House Appeal. Our staff have all got behind the events and dug deep to help raise money and support this amazing cause. I recently lost a family member who spent their last few weeks at Havward House. The care she received was incredible and the family are still receiving support from Hayward House even after their loss. This just goes to show how important supporting and helping to improve Hayward House is. On a personal note, I would just like to say thank you for taking care of a beloved family member."

If your company would like to get involved with fundraising for Nottingham Hospitals and build staff morale then get in touch. We have lots of ideas of ways to raise money whilst having fun! Contact joanne.burr@nuh.nhs.uk or call us on 0115 962 7905.



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Christmas Tree Recycling

We will be running our Christmas Tree Recycling scheme again in January 2023. Last year, we collected and recycled nearly 1,000 trees from around Nottingham and raised over £11,000! We would like to smash this target in 2023! However, we cannot do this without your help...

If your company has access to vans and drivers, or you are a tree surgeon or landscaper with access to a chipper, then we need you!

If you can spare a day or two in the week beginning Monday 9th January 2023, please get in touch. It's a great way to get outside and burn off some of those festive calories as well as give something back to your local NHS. Contact joanne.burr@nuh.nhs.uk or call us on 0115 962 7905.



It has been just over six months since we launched our Hayward House Appeal and we are delighted to report that we have hit our first £250,000 milestone. We are grateful to all the businesses who have helped us get this far, including Mitchells, 200 Degrees Coffee, Mowgli Nottingham, Edge and the Newstead Abbey Pub.

Hayward House is a specialist palliative care centre at the City Hospital in Nottingham. It provides a unique home-from-home environment where patients with advanced, progressive and terminal illnesses, including those at the end of their life, can be cared for by a specialist team of doctors, nurses and therapists.

Our Appeal aims to raise £1.5 million to enhance the care environment at Hayward House and continue to provide the very best care for patients and their families. We want to enhance the garden area to make it a beautiful, tranquil space for patients and their loved ones, transform the busy and functional entrance into a calm and welcoming reception and waiting area, and expand the centre's current study facilities, allowing further research into treatment options. This is in addition to continuing to provide the extra nursing posts, complementary therapy, counselling and bereavement support that makes such a big difference to patients and their families on a daily basis.



If your company would like to get involved with the **Hayward House Appeal** then please get in touch.

Christmas is Coming!

Hopefully this will be the first Christmas that we are truly post-pandemic and we can go to our work festive celebrations and meet with family and friends. For some families though, Christmas can be a difficult time of year, especially if a loved one is in hospital.

Here at Nottingham Hospitals Charity we work hard to ensure that Christmas in hospital is the best it can be, especially for our younger patients. We work closely with play therapists and staff on the wards to see what gifts we can buy for children in hospital at Christmas – and we encourage our supporters to get involved with some festive fundraising to help us achieve this.

Please see the Festive Fundraising leaflet included with this Bulletin for more information about the ways your company can get involved with some festive fundraising this year.

Quiz

In October we launched our first downloadable quiz. Our user-friendly pack contains everything you need to

host your own quiz, whether you hold it online, in the office, at your Christmas do, with a community group, in the local pub or with family and friends. As well as ten rounds of questions and answers, there's guidance on how to run a successful quiz and tips on how to fundraise while doing so. You can access the quiz through our website here **www.nottinghamhospitalscharity.org.uk/quiz.** Do send us your photos if you host a quiz!

Dedicated Children's Interview Suite opens at QMC

On June 29th, we opened a dedicated video recorded interview suite at the QMC for children and young people who have experienced sexual assault or abuse. Nottingham Hospitals Charity funded the suite with a grant of £395,000, which included £60,000 allocated by the Nottinghamshire Police and Crime Commissioner.

The new VRI suite allows children to be interviewed by the police within the hospital environment, rather than having to travel to a police station. The rooms are designed to be a safe space, away from the rest of the hospital, and the suite includes a family room, examination room and interview room. The safe and comforting environment helps survivors of child sexual abuse to speak freely and provide police with a video-recorded statement, which may be used as evidence in court.

At the opening of the suite, Barbara Cathcart, Chief Executive of Nottingham Hospitals Charity, said: "It is devastating to think of any child needing to use this facility, but we are so grateful to our donors for enabling us to grant over £395,000 to give children a safe space, away from busy hospital wards and police stations, in which to receive the care they need and have their voices heard. Thank you to all our fundraisers and donors for helping to make this possible."

Nottingham Hospitals Charity BUSINESS CLUB

Our Business Club is the perfect way for your small or medium sized business to partner with us and help provide the very best care for patients at your local hospitals.

For just £365 a year – that's only £1 a day – your company can join other local businesses in supporting your local NHS, whilst taking advantage of the benefits of partnering with a local Charity and being part of an exclusive group of like-minded businesses.

Benefits of joining Nottingham
Hospitals Charity Business Club
include a certificate of membership,
branded marketing materials, your
logo and a link to your business
on our website, a thank you on our
social media, first refusal of places
at our fundraising events and access
to exclusive networking events.

SAVE THE DATE

CORPORATE GOLF DAY

Wollaton Park Golf Club, Friday 5th May. Keep an eye on our social media pages and our website for more details about our upcoming Corporate Golf Day at the beautiful Wollaton Park Golf Club.

DRAGON BOAT RACE 2023

Saturday 1st July and Sunday 2nd July 2023.
After the success of this years' event, the
Dragon Boat Race returns for two days in 2023.
You can register your interest via our website
now. www.nottinghamhospitalscharity.org.uk/
dragonboat

BIG QMC ABSEIL

Our rescheduled abseil will now take place on **Saturday 25th March 2023**. We still have spaces available for anyone who is brave enough to take on the drop. **www.nottinghamhospitalscharity. org.uk/abseil**



Thank You!

A massive thank you to all our corporate supporters.



Thank you to all the corporate teams who entered our **Dragon Boat Race** this year – **Mitchells**, **200 Degrees Coffee** (thanks for bringing the coffee van down!), **Rolls Royce** and **Dambuster Studios**. Special shout out to **The Abdication** (pictured) who won the race on Sunday and were the top fundraisers, raising **£2,207** for the Oncology Department.

Handelsbanken kicked off their Charity of the Year fundraising by entering a team into the Robin Hood Half Marathon and raising over £1,100. They said "We have chosen Nottingham University Hospitals Charity for our branch 'charity of the year' as the healthcare industry has faced unprecedented challenges in recent years: from several years of financial cuts and budget restraints to the pandemic crisis. We wanted to support a charity that would use the funds we raise to help those who need it most, and that we would be able to see where this has been spent."

A W Lymn joined the NHC
Business Club earlier this year
and took on the Robin Hood Half
Marathon. Congratulations to
Matthew, Chloe and Alanna for
completing the half marathon and
Douglas, Martine, Oliver and Zara
for taking on the mini marathon.
The team from A W Lymn raised
over £2,500.





Lindleys Autocentres donated **£500** after hosting a penalty shootout at the Nottingham Riverside Festival in August



Mowgli Nottingham have continued to support us by adding a discretionary donation of £1 to each bill. The team also took on a virtual cycle in June and covered the distance from the Nottingham store to Head Office in Liverpool, a total of 160km. A team of five also helped the Charity by volunteering as marshals at the Robin Hood Half Marathon.



A big thank you to **Source BioScience** who are sponsoring the **Big QMC Abseil** and have a team of 15 people taking part! The abseil will now take place on **Saturday 25th March** so there is still time to sign up.