

What you can do to help

You can support whichever cause is closest to your heart at Nottingham's hospitals – from childhood illness to stroke treatment, neonatal equipment to dementia research, you can be sure your donation will be used to help patients in your chosen area.



Fundraisers at the Trent Cardiac Centre

- £15 could fund an hour of counselling for patients and relatives at Hayward House hospice
- £25 could fund a month's worth of visits from a Giggle Doctor to a young patient, to brighten up their time in hospital
- £125 could fund a breast pump to help mothers feed babies that may be too sick to breastfeed normally
- £230 could fund a conference for Cardiac staff to learn the latest information and techniques to help their patients
- £270 could fund entertainment facilities for patients who have long, frequent visits to the Dialysis Unit
- £1,000 could fund exercise equipment for patients who would benefit from physical activity as part of their treatment or rehabilitation
- £1,700 could fund standing aids for Stroke patients with mobility problems
- £3,000 could fund a residential trip for teenagers in hospital, giving them time with their peers, away from the clinical environment

Please help today

You can help the cause closest to your heart at Nottingham's hospitals today, by:

- Making a donation using the donation form overleaf
- Donating online at www.nottinghamhospitalscharity.org.uk
- Taking part in one of our fundraising events
- Holding your own fundraising event
- Choosing us as 'Charity of the Year' for your company, school or community group
- Leaving a gift in your Will to your chosen area
- Helping to spread the word by following us on **Twitter: @NUHCharity**

For more information, please call us on **0115 962 7905** or email charity@nuh.nhs.uk

Donation Form



Post your donation to us at: **Nottingham Hospitals Charity, Freepost MID24665, Nottingham NG5 1BR. Postage is free** – you don't need a stamp.

PLEASE COMPLETE ALL YOUR DETAILS TO MAKE YOUR DONATION:

FIRST NAME: _____ SURNAME: _____
EMAIL: _____ TELEPHONE: _____
ADDRESS: _____
POSTCODE: _____

DATE OF BIRTH (optional): / /

I WOULD LIKE TO DONATE £

I'd like to support (please specify your chosen area of Nottingham's hospitals):

I'D LIKE TO PAY BY: MASTERCARD VISA SWITCH/MAESTRO CHEQUE

PLEASE MAKE CHEQUES PAYABLE TO **NOTTINGHAM HOSPITALS CHARITY**

NAME ON CARD: _____
ADDRESS TO WHICH THE CARD IS REGISTERED (if different from the above): _____
CARD NUMBER: _____
3 DIGIT SECURITY CODE (the last three digits on the reverse of the card): _____
EXPIRY DATE: / START DATE (if present): / ISSUE NO (if present): /

giftaid it If you pay income tax or capital gains tax your gift can go further with Gift Aid. You must have paid enough Income Tax and/or Capital Gains Tax to cover the amount that all charities and Community Amateur Sports Clubs you donate to, will reclaim for that tax year. Council tax and VAT do not count. The charity will reclaim 25p of tax on every £1 that you donate (28p on every pound given for donations up to 5 April 2008), making your donation go further.

GIFT AID DECLARATION: I am a UK tax payer. I have read and understood the above information and would like Nottingham Hospitals Charity to treat this gift, all future gifts and gifts I have made in the last 4 years as Gift Aid, until I inform you otherwise.

PLEASE TICK DATE: / /

We'll send you regular updates on how your donation is being used, tick here if you don't want to receive them.

Please note, funds raised for this appeal may be used for other, similar projects for the benefit of patients if our target is exceeded or not met or if the appeal purposes cannot be fulfilled. This is assured by Charity Law.

Nottingham Hospitals Charity. Registered charity number: 1059049. Jan 2013

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Help us be at the heart
of your care at
**Nottingham's
hospitals**

Who we are and what we do

We're at the heart of your care

Nottingham Hospitals Charity raises money to support the extraordinary patients, families and staff at Nottingham University Hospitals NHS Trust, which includes the City Hospital, Queen's Medical Centre, Nottingham Children's Hospital and Ropewalk House hearing centre.

If you or your loved one has received excellent care at our hospitals, why not say 'thank you' by supporting Nottingham Hospitals Charity?

Specialist medical equipment



- £80,000 for a 3D ultrasound machine to be used in the Trent Cardiac Centre, to aid diagnosis and treatment, and reduce waiting times and hospital stays



- £15,000 for a heart function monitor for sick children, which helped save the life of a six-month-old baby within hours of being installed

- £12,000 for eight warming units for the Neonatal Intensive Care Units, to help keep these tiny patients' bodies at the right temperature



"The experience of being on the Neonatal Unit was made much easier by the care and support of all those who work there. The work they do is priceless, and the support given by Nottingham Hospitals Charity makes all the difference to the care they are able to provide."

Claire Voce

Medical research projects

- £150,000 to kick start medical research projects, with the aim of improving treatment and services for a whole host of conditions and diseases
- £120,000 for research into caring for people with dementia
- £50,000 each year for breast cancer research projects which aim to improve the diagnosis and treatment of breast cancer, and ultimately save lives



"I am one of the survivors of breast cancer, but sadly others are not so fortunate. Breast cancer is something that's not going away, so more research is vital."

Jane Riley



Enhanced environments and facilities

- £2.1m towards a new centre to transform the care of Cystic Fibrosis patients
- £100,000 for enhancements to Hayward House, the hospice and palliative care centre at the City Hospital

"I have been a patient at Hayward House for several years. Hayward House is an excellent service and it is wonderful to see these new facilities."

Fred Lane

- £30,000 a year for complementary therapy for children and parents, to help young patients and their families relax and escape the clinical environment
- £20,000 a year for Giggle Doctors to help sick children smile again. These entertainers cheer up patients and families with stories, songs, jokes and tricks – helping to brighten up what can be a difficult and frightening time

"I would just like to say a massive 'thank you' to Dr Flowerpot and Dr Ditzzy for making my daughter Shania laugh. Your timing was spot on as she was having an operation, and a massive thank you for making my jaw ache with laughter! Hope to see you again soon."

Karen Jones



Staff development programmes

- £130,000 a year for staff development programmes, to help our staff be the best that they can be and provide excellent patient care
- £100,000 a year to fund development programmes specifically for nurses, to help our nursing staff and wards perform at their very best for their patients



"Nottingham Hospitals Charity funded a leadership programme for a year, which helped me by giving me ideas about how to improve team working on my ward. In turn, that benefited patients, as they could see that the ward was well-run and the environment was calm. If patients can see that the ward is being well-managed and that they are in good hands, they are more likely to feel safe, comfortable and to make a better recovery."

Hannah Docherty