



Nottingham
Hospitals
Charity

2023 2024 Impact Report

How your support makes a difference



Welcome to Nottingham Hospitals Charity's Impact Report 2023/24

Nottingham Hospitals Charity exists to support patients, families, carers and staff at Nottingham's NHS hospitals – including the City Hospital, Queen's Medical Centre, Ropewalk House and Nottingham Children's Hospital.

The Charity helps to fund specialist equipment, enhancements to the hospital environment, medical research, and staff wellbeing and development programmes.

None of this would be possible without the generous support of our incredible fundraisers and donors, who helped raise over £3.5m for a whole range of projects at Nottingham's hospitals during 2023/24.

Read on to find out about some of the impactful projects your support has made possible this year.

For our full accounts and financial statements, you can find our full Annual Report on our website at www.nottinghamhospitalscharity.org.uk/annualreport2024

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A word from our
**Chief executive,
 Nigel Gregory**

I'm pleased to welcome you to my first Impact Report as the new Chief Executive of Nottingham Hospitals Charity. I'd like to take this opportunity to give my sincere thanks to our outgoing Chief Executive, Barbara Cathcart, who recently retired after more than 17 years at the head of the Charity.

Having been part of Nottingham Hospitals Charity for more than seven years, I have been proud to witness first-hand the impact our supporters' donations have on patients, families and staff here at Nottingham's NHS hospitals, every single day.

As the cost of living crisis and other global challenges continue, we are incredibly grateful to all our supporters who give their time and donations in order to fundraise, donate, volunteer, and leave gifts in their Will to their chosen areas of Nottingham's hospitals.

I'd also like to take this opportunity to thank the team here at Nottingham Hospitals Charity, who work hard to raise

awareness of our cause, support our fundraisers and donors along their journey, and process our donations and grants.

Our team and our Board of Trustees continue to work hard to make sure every penny donated to us is used to help fund the most important and impactful projects at our hospitals.

Please read on to find out more about some of these projects, and the impact they are having on patients, families and staff. You can also read an update on our current appeals, including the Big Appeal for Nottingham Children's Hospital.

If you would like to see our full financial accounts for 2023/24, you can find our Annual Report online at www.nottinghamhospitalscharity.org.uk/annualreport2024

Thank you once again to all our supporters for your continued support of Nottingham Hospitals Charity.



A word from our
**Chair,
 Carol Arye**

We all rely on the NHS, from cradle to grave, and those who work with and donate to Nottingham Hospitals Charity have a strong desire to show their support, their gratitude and their wish to make a difference to the lives of its patients. This is what motivates us all at Nottingham Hospitals Charity.

With the cost of living crisis continuing, we are extremely grateful to the individuals and organisations across our community who have used their spare time to fundraise for Nottingham's NHS hospitals, and donated their spare pounds to help patients, families and staff.

I would like to take this opportunity to thank each and every fundraiser, donor and volunteer who has given their time and gifts to support our hospitals, as well as our Nottingham Hospitals Charity team for their unwavering dedication in promoting our cause, raising funds, and granting those funds for impactful projects.

I would also like to welcome Nigel Gregory as the Charity's new Chief Executive – after seven years as our Director of Development and Deputy CEO, the Trustees are confident that the Charity will continue to go from strength to strength under Nigel's guidance.

In this Report you can read about some of the projects that our supporters have made possible – from specialist equipment, to medical research and enhancements to the hospital environment.

You can also read about how you can leave a lasting legacy and have a positive impact on the NHS for years to come, by leaving a gift in your Will to Nottingham Hospitals Charity. Gifts in Wills account for around a third of our charitable income, and allow us to support a wide range of programmes at our hospitals, and our wonderful staff.

Thank you once again for your valued support, and I hope you enjoy reading this Report.



Nottingham University Hospitals are hugely grateful for the continued support of the Nottingham Hospitals Charity across the last 12 months, and indeed for 18 years. I have been lucky enough to witness some of the projects that the charity has been involved in funding, and I know how much patients and colleagues value the contribution they make directly to patient care, and

to the environment in which it is delivered. Thank you to everyone who has contributed to another year of support whether it is through donations, fundraising events or delivering the projects themselves. It is clear that our services wouldn't be what they are without you.

Nick Carver OBE, Nottingham University Hospitals Chair



The year in numbers



Largest grant for additional nursing services at Hayward House palliative care centre

£286,387

Total voluntary income

Total grants awarded



£2.98m

£2.26m

Smallest grant for stickers for young patients at Nottingham Children's Hospital



£30.24

Number of donors and fundraisers

2,384

Number of grants given

Number of legacy gifts

Number of volunteers



545



48



52





Teddy bear braces

Thanks to your support, we've provided back braces for cuddly toys belonging to children with scoliosis and other spinal conditions, to help young patients feel less alone when having their own back brace fitted. Scoliosis, or curvature of the spine, can affect people of any age, but it most commonly starts during childhood.

To help stop the curve in the spine from progressing once it has been diagnosed, children often have to wear spinal braces for up to 23 hours a day, and treatment can last for several years. This can be a distressing time for children and families, adjusting to the brace and its impact on day-to-day life. Compliance with wearing the brace is a major factor in whether a child's treatment will be successful, so it's important children are encouraged to wear their brace.

With this in mind, Nottingham Hospitals Charity granted **£9,050** to fund 60 miniature back braces to fit around patients' teddies. They last for the duration of the treatment to comfort and reassure children while they are adjusting to wearing their own brace, which can be challenging.

The teddies' custom-made braces can even be created using the same pattern as their owners' braces, helping young patients feel less alone and easing their anxiety throughout their treatment.

Thank you so much to our supporters for making this important project possible, and helping young patients during a difficult time.



Ropewalk House Mural

These fantastic new murals at Ropewalk House hearing centre were funded through a donation one of our supporters chose to leave in their Will.

The murals aim to help children attending audiology appointments, and are having a positive impact on young patients. Two endearing and inclusive characters, Octopus and Duck, have been brought to life through the artwork, representing different types of audio implants.

Octopus is wearing a cochlear implant, while Duck is wearing hearing aids – helping children with hearing difficulties know that they are not alone.

The Octopus and Duck mural is also a wayfinding guide, making it easier for children and their families to navigate the complex layout of Ropewalk House, and feel more at ease in the hospital environment. Patients and their families can follow the arrows, helpfully provided by Octopus, and look out for the other characters on their journey.



Dementia-friendly tea parties

Patients with dementia are benefiting from special afternoon tea parties thanks to donations from our supporters.

We fund monthly tea parties to encourage social interaction and improve patients' nutrition, as eating and drinking can be a challenge for those with dementia. The tea parties have been extremely well-received, with patients enjoying the relaxed environment and easy-to-eat finger foods.

Jane Stockwell, Speech and Language Therapist at Nottingham hospitals, said:

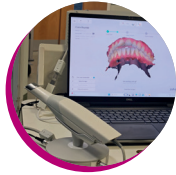
"Patients with dementia benefit from being in familiar, relaxed environments. As well as providing a social setting in which they can communicate, we often see that their oral intake improves in these tea parties.

"Their dignity and independence can also be maintained by ensuring that the food and drink provided is of the appropriate consistency. For example, we provide thickened drinks or purée if a patient has a swallowing impairment."

Enhancing patient care

Spending time in hospital can be an overwhelming and worrying time for patients and their families. We're here to help provide the special touches that can make hospital stays less daunting, and more comfortable and calming – such as welcoming facilities, engaging activities, and equipment to aid diagnosis and treatment.

Thank you to all our supporters who have pledged a gift in their Will to Nottingham Hospitals Charity, to help fund impactful projects like these.



Orthodontic equipment

We've funded state-of-the-art scanning equipment for the orthodontics department, to help give dental patients a more comfortable experience.

The new machine enables patients' mouths to be scanned digitally in order to create replica moulds of their teeth, rather than the more traditional method of physically creating a mould inside patients' mouths, which can be more time-consuming, uncomfortable and even distressing for some patients.

Andrew Flett, Consultant Orthodontist, said: "This process is far cleaner, better and more comfortable for the patient. Now, with just a few taps on the keyboard and a click on the digital intraoral camera, all the necessary data and information usually captured by impressions and dental castings can be completed within five minutes."

"I am very grateful to donors at Nottingham Hospitals Charity. Without their generosity, projects like this would not be possible – thank you very much."

Andrew Flett, Consultant Orthodontist



Kidney transplant clinic

We provided a large grant of **£67,000** to fund a pilot weight-loss clinic, set up to support renal patients in getting onto the kidney transplant list. The clinic offers tailored support to help patients reach their weight goal, and enable them to be added to the list to await a transplant.

Over 50 patients have benefited from the programme so far, equating to around 10% of renal patients.



PICU family room

Thanks to our supporters, including a donation from the True Colours Trust, a new family room has opened on the Paediatric Intensive Care Unit (PICU) at Nottingham Children's Hospital. This comfortable and welcoming area gives parents and families a calming space away from the busy ward environment, but still close to their seriously ill child at a worrying time.



Buzzy bees

Around 500 children each year are treated at Nottingham Children's Hospital for challenging conditions such as juvenile arthritis, uveitis, and systemic juvenile dermatomyositis, which all cause inflammation in the body.

These conditions can demand intensive treatment plans, including regular injections and blood tests, making the experience a challenging one for young patients and their families.

To help ease the pain and anxiety caused by repeated blood tests and injections, Nottingham Hospitals Charity has given **£1,146** to fund 20 'Buzzy Bees'. These are small vibrating devices in the shape of a bee or ladybird, and have ice packs in their wings.

When placed on the skin, the Buzzy Bees confuse the body's nerves, providing natural pain relief by dulling the sharp pain usually felt during injections and blood sampling.

This can make it much easier for children to receive their important tests and treatment, and much less distressing for young patients and their parents.

For children like nine-year-old Emie, who has juvenile arthritis, it has turned what used to be a painful ordeal into a much more manageable experience. Her injections, which used to be a source of dread and discomfort, now take just a few seconds, thanks to the soothing buzz of the Buzzy Bee.

Emie said: "The Buzzy Bees have made my injections so much easier. I remember when I was little I had to be pinned down to have injections, I hated them! Now though they don't hurt as much, and I'm not scared anymore."

Thank you to all our donors who have made projects like this possible.



Bowel cancer research

We gave **£4,920** for a study into bowel cancer screening. With the condition affecting over 42,000 people every year, and causing around 16,000 deaths each year, early diagnosis and treatment is vital in order to improve patients' chances of recovery.

This research in Nottingham aims to improve the uptake and impact of early screening for patients with symptoms of bowel cancer – meaning quicker diagnosis and treatment.



Lung treatment study

We gave **£19,578** for research into the effective delivery of medical treatment to the lungs. Tissues in the airways can be a barrier to the effective delivery of medication to the lungs for those with conditions such as asthma.

The research team in Nottingham is aiming to develop an alternative type of treatment that will allow important drugs to more easily pass through these tissue barriers and reach the target area effectively.

Funding medical research

At Nottingham Hospitals Charity, we believe in the importance of funding local medical research, enabling clinicians and patients here in Nottingham to be at the cutting-edge of new developments in the diagnosis and treatment of a whole range of conditions.





Info cards for newly qualified nurses

We helped provide pocket-sized information cards for newly qualified nurses at Nottingham Children's Hospital, to help them feel more confident in escalating any issues with their young patients' care.

The cards contain crucial details such as emergency procedures, feeding charts, observations and escalation protocols, to empower new staff with readily available information, enabling them to make quick decisions and report any issues.

“The feedback from staff has been overwhelmingly positive, instilling confidence and competence within our newly qualified colleagues.”

Kate Berridge, Children's Preceptorship and Development Nurse, who applied for the £647 grant for the cards



Staff photography sessions

We funded a series of staff photography sessions to help boost staff wellbeing and encourage hospital workers to view their workplace from a different perspective.

The special sessions, run by a local photographer, helped staff enhance or learn a new skill, whilst spending time away from their area of work during their breaks.

“We walk by places every day that we take no notice of, and to be able to take the time to look at it with a different perspective and through a lens has been eye-opening and inspiring. I now see my place of work in a completely different light.”

Mark Callaghan, Technical Standards Manager at Nottingham hospitals

Supporting our staff

We know that in order to give patients in Nottingham the best possible care, we also need to ensure the staff working at our hospitals are cared for too. We're here for over 18,000 members of staff across Nottingham's NHS hospitals, helping to provide wellbeing and development programmes to support them in providing the very best care for their patients.



Airway training manikin

We gave £3,384 for a special airway training manikin head for the Ear, Nose and Throat (ENT) department.

Airway management is an important component of head and neck surgery, and often needs to be bespoke and individualised. Staff working in ENT surgical theatres need to be skilled in a variety of techniques, some of which will be rarely used but need to be well-rehearsed.

The special manikin head allows ENT and theatre staff to practise these important airway management techniques, and rehearse potential emergency situations, so they are well-equipped when performing surgery on real-life patients.



Here are just a few of those who have given their support during 2023/24...



Mowgli

Mowgli restaurant in Nottingham has raised more than **£80,000** over the past seven years, by adding a discretionary £1 donation to every meal. The team have supported both the Hayward House Appeal, and the Big Appeal for Nottingham Children's Hospital, which they will continue to support in the coming year.



A.W. Lymn

A. W. Lymn funeral directors have facilitated almost **£400,000** in donations from funeral collections over the last five years. The team at A. W. Lymn have also taken part in their own fundraising and volunteering for Nottingham Hospitals Charity at various events, including the Robin Hood Half Marathon and our Christmas Tree Recycling scheme.



Gebhardt Intralogistics UK

The team at Gebhardt raised **£5,000** for the Hayward House Appeal through their Golf Day, in memory of a colleague and another colleague's daughter.



William Reckless

Seven-year-old William raised almost **£8,000** for the Paediatric Intensive Care Unit at Nottingham Children's Hospital, to thank them for saving his life. William walked and cycled a total of four miles, to mark four years since his treatment for sepsis, when he lost both legs and nine fingers. William is a truly inspirational young fundraiser.



Archie Wilson and Friends

Archie and his friends took on the Three Peaks Challenge in memory of their friend, Alex. The team raised **£8,000** for the Adult Intensive Care Unit, where Alex was treated.



Arthur Johnson and Sons

Arthur Johnson and Sons gave **£10,920** to our Hayward House Appeal, bringing their total donations to almost **£50,000**.

Our supporters

None of the important and impactful projects we fund across Nottingham's hospitals would be possible without the generous support of our fundraisers and donors.



Inzpire

The team at Inzpire donated **£2,000** to the Paediatric Intensive Care Unit at Nottingham Children's Hospital, bringing their fundraising total to almost **£20,000**.



Harry and Arthur

Harry Irvine and his cousin Arthur raised **£1,305** for the children's renal unit at Nottingham Children's Hospital, where Arthur is being treated. The pair raised the money by taking part in the British Transplant Games Donor Run.



Mckenzie Parry

Mckenzie climbed Mount Snowdon, in memory of his Grandad. He raised **£1,000** for Hayward House, where his Grandad was cared for.



Evelyn Partners

Evelyn Partners raised **£290** through a 15km walk in the Peak District with over 25 clients and colleagues, as well as **£1,152** at their 2023 Golf Day.



Team NUH

The amazing staff across Nottingham's NHS hospitals raised a fantastic total of **£51,000** throughout 2023/24 – truly going above and beyond the call of duty by raising money to support the patients and families they care for every single day.



We'd like to extend our sincere gratitude to every single individual, family, local business, community group or other organisation who have supported Nottingham Hospitals Charity throughout the year.



Hayward House Appeal

Our Hayward House Appeal launched in March 2022, aiming to raise £1.5 million over three years to enhance facilities for patients and families at Hayward House palliative care centre.

In its first two years, the appeal has received more than **£900,000** to help fund enhancements to the Hayward House entrance, reception area and its garden, as well as ongoing activities and services such as complementary therapy, art sessions, counselling and bereavement support.

Work started on the garden in April 2024, to make this peaceful space more accessible for patients and visitors, especially those with limited mobility.

To find out more about the Hayward House Appeal, please visit www.nottinghamhospitalscharity.org.uk/haywardhouse



The Big Appeal is back!

In September 2023, we relaunched our Big Appeal for Nottingham Children's Hospital.

Donations to the £1.5 million appeal will help fund enhancements in three key areas of Nottingham Children's Hospital:

Neonatal Unit – enhancements for the brand new unit currently being built at the Queen's Medical Centre, including a dedicated ultrasound machine to enable babies to be scanned on the unit instead of moved across the hospital, and homely additions to the parent overnight rooms and family room, to support families during an extremely difficult time.

Children's Outpatients – brand new sensory rooms and clinic rooms, and a complete redecoration of the department to help children feel more comfortable and less daunted about their hospital visit.

Play areas – toys, games, books and play equipment for wards across the Children's Hospital, to help children feel calm, settled and at ease when in hospital.

To support the Big Appeal, please visit www.nottinghamhospitalscharity.org.uk/big-appeal



Looking forward



Stuart Broad becomes Big Appeal Ambassador

We're delighted to announce that from June 2024, England cricket legend Stuart Broad and his mum Carole will join us as ambassadors of our Big Appeal.

Stuart, who was born prematurely and treated at Nottingham's Neonatal Unit, will be helping us support thousands of premature and poorly babies and their families being cared for on the new Neonatal Unit, currently being built at Queen's Medical Centre.

Join Stuart and Carole in supporting the Big Appeal, to help provide the added extras for the new Neonatal Unit that will help bring comfort and stability to families at a time when their world has been turned upside down.

To read more and join Stuart and Carole in supporting the Big Appeal, please visit www.nottinghamhospitalscharity.org.uk/stuart

British Transplant Games

We're proud to be partnering with the British Transplant Games, to help bring the Games to Nottingham in summer 2024.

We have granted **£76,253** to support this nationwide competition as it comes to our city, as well as to help equip the children's and adults' teams from Nottingham hospitals.

We hope everyone involved has a fantastic experience.



A gift in your Will can have a big impact

A gift in your Will can have a big impact on patients and families being treated in our hospitals. Gifts in Wills make up around a third of our donations, contributing a huge amount to the projects we are able to fund each year.

We'd like to thank everyone who has pledged to leave a gift to their chosen area of Nottingham's hospitals in their Will. No matter how large or small, your donation will make a big difference in years to come.

You can update your existing Will with a gift to Nottingham Hospitals Charity, or write a new Will, today through our free online partner Bequeathed. Simply visit www.nottinghamhospitalscharity.org.uk/will

Thank you

to everyone who has supported Nottingham Hospitals Charity during 2023/24 by fundraising, making a donation, volunteering, or leaving a gift in their Will.

To find out more about Nottingham Hospitals Charity please visit www.nottinghamhospitalscharity.org.uk/impactreport2024 or scan the QR code below.



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