

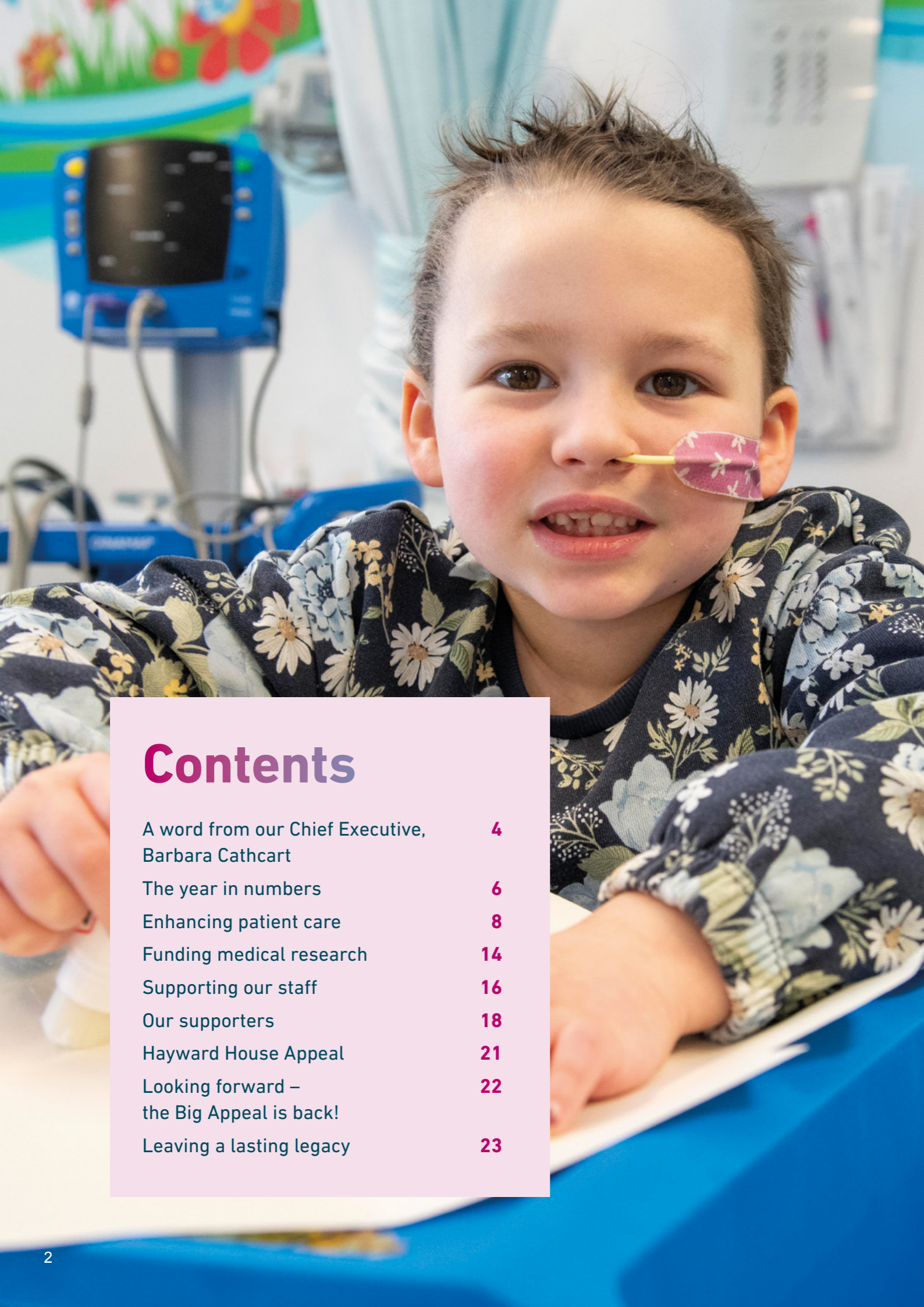


Nottingham
Hospitals
Charity

2022 2023 Impact Report

How your support makes a difference





Welcome to **Nottingham Hospitals** **Charity's Impact** **Report 2022/23**

Nottingham Hospitals Charity is here to enhance hospital care for patients from across the city, county, and the East Midlands.

Thanks to our supporters like you, we gave **over £3.2 million** in 2022/23 to help provide specialist equipment, improve facilities, fund medical research and support staff wellbeing across Nottingham's NHS hospitals.

Read on to find out about some of the impactful projects our supporters have helped to fund over the course of the year.

For our full accounts and financial statements, you can find our Annual Report on our website at www.nottinghamhospitalscharity.org.uk/annualreport2023

Contents

A word from our Chief Executive, Barbara Cathcart	4
The year in numbers	6
Enhancing patient care	8
Funding medical research	14
Supporting our staff	16
Our supporters	18
Hayward House Appeal	21
Looking forward – the Big Appeal is back!	22
Leaving a lasting legacy	23



A word from our

Chief Executive, Barbara Cathcart



We are grateful to be able to introduce our first ever Impact Report for 2022/23, where you can read about some of the important projects Nottingham Hospitals Charity has supported over the past year, thanks to the generosity of our fundraisers and donors.

Everything we do at Nottingham Hospitals Charity is done with our patients, their loved ones, and the staff at Nottingham's NHS hospitals at the very forefront of our minds.

Our dedicated fundraising, communications and finance teams work hard to raise funds, process them, and approve grants to projects across all areas of Nottingham's hospitals.

We know that times have been hard this year, with the cost of living crisis affecting people across this nation and beyond, which makes us even more grateful than ever to our fundraisers and donors for continuing to support us during these difficult times. We know that many of you may not be able to give as much as you normally would, and especially appreciate all that is donated to help patients at our hospitals.

Our finance team and Board of Trustees have worked hard to ensure value for money with every pound spent, to help make the most powerful impact on our patients and their families.

Looking to the future, we are pleased to be relaunching our Big Appeal for Nottingham Children's Hospital in autumn 2023 – you can read more about this on page 22.

For our full financial accounts for 2022/23, you can find our Annual Report on our website at www.nottinghamhospitalscharity.org.uk/annualreport2023

Please read on to find out about some of the important projects we have funded over the past year. Thank you once again to all those who continue to support us.



The year in numbers

Total voluntary income

£2.1 million

Total granted

£3.2 million

Number of grants given

476



Largest grant

£226,589

for the complementary therapy service
at Hayward House



Smallest grant

£97.80

for educational equipment for
young people with diabetes



Number of legacy gifts

47



Number of donors
and fundraisers

2,411

Enhancing patient care

Spending time in hospital can be a daunting and worrying prospect. We're here to help patients at Nottingham's NHS hospitals feel more comfortable during their time here, by providing more welcoming surroundings, and funding special projects to aid their diagnosis and treatment.



MRI play specialists

We gave £55,000 for a project which is helping young patients undergo MRI scans without the need for sedation.

The new play specialist MRI pathway was created at Nottingham Children's Hospital, with the aim of using fun and play to reduce the number of young patients undergoing general anaesthetic for non-invasive MRI scans.

The scheme has made a big difference for patients like eight-year-old Francesca Pykett and her family, after it helped her undergo her first ever scan without anaesthetic – something she was previously unable to bear due to months of hospital treatment leaving her anxious and scared of tests and medical procedures.

Play specialist Jamie-Lee Phillipson worked with Francesca to help alleviate her fears through role play and by spending time explaining everything to her, resulting in a less distressing experience overall for Francesca and her parents, as well as reducing the time taken for her procedure, which enabled more patients to be seen per day.

Francesca's dad, Alex Pykett, said: *"Jamie-Lee took Francesca down to the MRI suite, explained everything and showed her how it all worked. Doctors understandably just don't have the time to do this for every child, so having the play specialist team there to help has made a huge difference. Jamie-Lee has been an absolute godsend for us."*

The play specialist MRI pathway programme was delivered through the WAVE team, which works with various departments around the Nottingham University Hospitals NHS Trust for 17 weeks at a time, to recommend and deliver quality improvement projects.

Since the start of the project, the play specialist team has supported 757 patients over the age of five years old who are undergoing MRI scans – which in turn has reduced the waiting time for a scan by 19 weeks. This is hugely significant in our overstretched NHS environment and is having a direct impact on the patient experience.





Children's Emergency Department artwork

The new Children's Emergency Department (ED) has been made more welcoming and calming for young patients thanks to the installation of colourful artwork.

Nottingham Hospitals Charity granted £7,000 to fund the eye-catching art on the department's walls to help children and young people feel more at ease when attending the hospital. New colour coded areas also help people to identify the location of the department and the different areas within it, helping to reduce stress for families navigating their way around.

Catherine Livingston, Clinical Lead in Children's ED, said: *"Some of the children and young people feel very frightened when they arrive and this artwork will really help to distract them from these anxious moments. Thanks to the Charity's funding, we've now got a calm and friendly environment for the child and young people who need to access our services, as well aid privacy and dignity on glass doored cubicles."*



Arts activities

Our arts programme at NUH funds a variety of arts activities for both patients and staff across Nottingham's hospitals. Generous donations help us provide colourful artwork and murals on hospital walls to create a calmer environment; musicians to work with patients on our older people's wards to provide comfort and distraction; and art activities for NUH staff, to improve staff emotional wellbeing.



Aids for amputees

We granted £2,300 to provide special equipment for patients with upper limb loss, to help them regain their independence with everyday tasks at home. The new aids will help patients like Jayne with things that many of us may take for granted, such as preparing and cooking food, and getting dressed, and will help people who have lost an arm, hand or fingers.



Clare's Bears

Thanks to generous donations in memory of Clare Doran, who was treated at Nottingham hospitals before she sadly passed away from bowel cancer in September 2021, we have funded special teddy bears for bereaved families. The teddies – named Clare's Bears in honour of Clare – are given to terminally ill patients at the end of their lives, and to their relatives, as a keepsake and a comforting reminder of their loved ones after they have passed away. Thank you to all Clare's family members and friends who raised money and donated to make this possible.



BAME wigs project

We helped to fund tailor-made wigs for Black, Asian and Minority Ethnic (BAME) patients who have suffered hair loss due to cancer treatment or other conditions. These new wigs are made with a variety of hair colours, textures and styles to better imitate patients' own hair, and help restore their self-confidence after suffering from hair loss.

Members of the BAME council at Nottingham University Hospitals NHS Trust worked with closely with Alexie Hilton, who owns Elite Nine hair salon in Nottingham city centre, to provide wigs that give a natural feel and closely match patients' own hair. The project initially started out supporting cancer patients but has since

expanded to support both patients and staff who may be experiencing hair loss due to other conditions, and can help them feel like themselves again. This project would not have been possible without generous donations from a range of supporters who wanted to give something back to Nottingham's hospitals.



Robin Centre

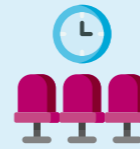
Our Robin Centre, which has now been open for over a year, provides a safe and comforting space, away from the clinical environment, for hospital staff to meet with bereaved families who have lost a pregnancy, baby or child.

The centre is funded entirely through donations, and is a homely and non-clinical space where bereaved parents and families are able to meet with clinicians, bereavement support staff, chaplaincy teams and trained counsellors.



Breast Institute medical equipment

We gave a total of £183,546 for three pieces of medical equipment for the Nottingham Breast Institute, to aid the diagnosis and treatment of breast cancer patients. This included equipment to enhance the mammography capabilities at the Breast Institute, as well as microscopes to help pathologists examine samples and aid diagnosis.



Breast Institute breast screening waiting room

Generous donations have helped to fund the refurbishment of a breast screening waiting room at the Nottingham Breast Institute.

Patients are now able to wait in a more calming and less clinical space, at what can be an incredibly worrying time. Donations to Nottingham Hospitals Charity, including fundraising from the local Black and Green Ball, have helped to fund new artwork, lighting, furniture and décor, as well as facilities such as water and coffee machines, and privacy screens.





Funding medical research

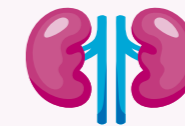
Nottingham Hospitals Charity gives tens of thousands of pounds every year to medical research taking place at Nottingham's NHS hospitals. We fund local research into the diagnosis and treatment of a huge range of conditions – research which is carried out locally by the same clinicians treating patients here at Nottingham's hospitals.



Haemophilia study

We supported a study into the treatment of severe haemophilia – a bleeding disorder where the blood does not clot properly.

We gave **£3,240** towards the study, which aims to explore the impact on haemophilia patients of switching from more conventional treatments to a new treatment called Emicizumab. The drug aims to reduce treatment for patients with severe haemophilia from daily to bi-weekly.



Renal research

We gave £16,146 towards an ongoing study into kidney disease during pregnancy. The research is investigating the impact of pregnancy on women with a genetic condition called Alport syndrome, which causes kidney disease and other symptoms.

Anecdotal evidence suggests women with Alport syndrome have a greater increase in protein leak during pregnancy than women with other kidney conditions, which can lead to swelling, discomfort, risk of blood clots and decreased foetal growth. This study aims to further investigate this link.

Supporting our staff

We're here for over 18,000 members of staff across Nottingham's NHS hospitals, helping to provide wellbeing programmes and development projects to support them in providing the very best care for their patients.



Boosting staff morale

We know that our staff at Nottingham's NHS hospitals work extremely hard every single day of the year, and often go above and beyond for patients and their families. That's why we decided to launch our staff morale programme, to give workers from areas across the whole of our hospitals a little boost in recognition for everything they do.

Throughout the year we provided cakes and thank you cards to a variety of teams, from nurses across the hospitals on International Nurses Day in May, to administrative staff on Administrative Professionals Day in April, and pharmacists on National Pharmacist Day in January.

We are so grateful to all the staff at Nottingham's NHS hospitals for all they do, and grateful to our wonderful supporters for enabling us to provide these special treats for staff.



Charity Scholars

As well as state-of-the-art equipment and facilities to improve patient care, we also fund development projects for our incredible staff working at Nottingham's NHS hospitals.

As part of our Charity Scholars scheme, we funded university scholarships for a cohort of 26 new nursing and midwifery students, to further develop their leadership and innovation skills through a degree place at Nottingham Trent University, which they would not otherwise have had access to.

Nottingham Hospitals Charity gave **£75,000** to help fund these specialist degree placements. The Charity Scholars are all existing nursing and midwifery staff at Nottingham's hospitals and also act as ambassadors for the Charity, actively supporting our vision to improve care for patients and their families. Their degrees, which have now been completed, enabled them to study innovation and leadership in clinical practice, undertake a work-based improvement project to further develop excellent care for patients across Nottingham's hospitals, and implement new ideas within their clinical areas.



Psychological support

Thanks to a grant of £363,000 from NHS Charities Together, we provided a programme of support for the psychological wellbeing of staff at Nottingham's NHS hospitals, whose mental and emotional health may have been affected by their work during the Covid-19 pandemic and beyond.

The grant has funded new positions, including two clinical psychologists and a mental health trainer, who are delivering post-trauma initiatives for all staff, particularly in areas such as the Emergency Department and critical care, where traumatic incidents are high.

Our supporters

None of the important and impactful projects we fund across Nottingham's hospitals would be possible without the generous support of our fundraisers and donors.

We'd like to take this opportunity to thank all the individuals, families, local businesses, community groups and other organisations who have supported Nottingham Hospitals Charity throughout the year. We've highlighted a few below, but are grateful for every single person who has supported our hospitals this year.



Black and Green Ball

Deborah Sawyer and Lucy Spencer raise money for the Nottingham Breast Institute through their fantastic event each year, in memory of their friend Samantha Black who sadly passed away after being treated for breast cancer. The 2022 Black and Green Ball raised a fantastic **£17,502**, which helped fund the refurbishment of the breast screening waiting room (see page 13 for the full details).



Adam Doran, family and friends

Adam Doran and his family and friends have raised more than **£50,000** for the Hayward House Appeal, as well as other areas of Nottingham's hospitals, to thank staff for the care Adam's wife Clare received before she sadly passed away in September 2021. Adam and his team of fundraisers have held a host of events, including a celebration of Clare's life, a raffle and treks up Mount Snowdon and Kinder Scout, in order to raise money for Hayward House, the stoma service and the wards where Clare was treated.



Mowgli

Mowgli restaurant in Nottingham have raised more than **£50,000** for Nottingham Children's Hospital over the past four years, by adding a discretionary £1 donation to every meal. The team are now supporting the Hayward House Appeal.



Martha's March

Amanda Hallam and her family and friends raised over **£20,000** through Martha's March – a very special sponsored walk in memory of Amanda's daughter Martha, who sadly passed away soon after birth. The money raised will go towards a tranquil garden room in the Neonatal Unit where Martha was treated.



Team NUH

Staff from across Nottingham's hospitals not only work hard to care for their patients every day, but many also go above and beyond by fundraising for their areas of the hospital too. Team NUH staff raised over **£56,000** during 2022/23 for a whole host of areas across our hospitals.



Our supporters



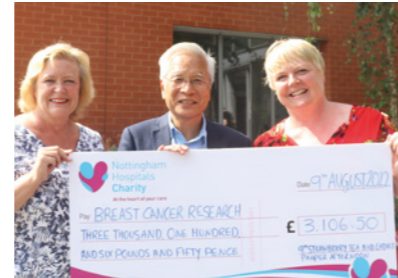
Nuthall Christmas lights

The Nuthall Christmas Lights, organised each year by the incredible Swift family from Nuthall, raised **£8,520** for the Hayward House Appeal in 2022 – bringing their fundraising total for Hayward House to more than **£83,000** since 2014.



Nottinghamshire Scouts and Guides

Members of Nottinghamshire Scouts and Guides raised over **£1,400** through their Gang Show at the Theatre Royal in Nottingham. They put on a brilliant show, and raised a fantastic amount of money for Nottingham Children's Hospital.



Sallyann Petts

Sallyann Petts hosts an annual Strawberry Tea and Ladies Pamper Afternoon for our Breast Cancer Research Fund. Her 2022 event raised a fantastic **£3,106**.



Mitchells of Mansfield

The team at Mitchells of Mansfield raised over **£5,000** for the Hayward House Appeal through a variety of events, including a static cycle ride, and two dragon boat races, throughout 2022.



QMC Abseilers

We'd like to say a big 'thank you' and 'well done' to all 93 supporters who took on the 100-foot Big QMC Abseil in March 2023, raising a total of more than **£36,000** for Nottingham's NHS hospitals.



Source BioScience

The team from Source BioScience not only sponsored our Big QMC Abseil in March 2023, but also took part themselves and raised over **£2,000**.

Hayward House Appeal

Our Hayward House Appeal launched in March 2022, aiming to raise £1.5 million over three years to enhance facilities for patients and families at Hayward House palliative care centre.

In its first year, the appeal is already ahead of target, and has raised more than **£570,000!** This will help fund enhancements to the Hayward House reception and its garden, as well as ongoing activities and services such as complementary therapy, art sessions, counselling and bereavement support.

To find out more about the Hayward House Appeal, please visit www.nottinghamhospitalscharity.org.uk/haywardhouse



Looking forward –

The Big Appeal is back!

Our Big Appeal for Nottingham Children's Hospital will return in autumn 2023!

The Big Appeal was first launched in November 2016, and raised money for a variety of projects – including £500,000 for improvement to parents and family accommodation, and £1.6 million for an intra-operative MRI scanner to be used during children's brain tumour surgery. After a three-year hiatus during the pandemic, the appeal is now set to return, with the aim of helping even more young patients and their families at Nottingham Children's Hospital.

To read the latest on the Big Appeal, please visit www.nottinghamhospitalscharity.org.uk/big-appeal



Leaving a lasting legacy

Around a third of the £4million raised for Nottingham Hospitals Charity each year comes from gifts left in our supporters' Wills.

During 2022/23 we received 47 gifts in Wills, totalling almost £800,000, which helped us support areas such as Hayward House palliative care centre, Ropewalk House hearing centre, cardiac surgery, and lymphoma research.

And we've made it easier than ever to leave a gift to your chosen area of Nottingham's NHS hospitals by partnering with free Will-writing service Bequeathed. Writing your Will helps ensure your loved ones are protected in years to come, and can also help care for future generations of patients at Nottingham's hospitals. Leaving just 1% of your estate to the area of the hospital that means the most to you can have a lasting impact on patient care.

To find out more about writing your Will for free, and leaving a gift to Nottingham's NHS hospitals, visit www.nottinghamhospitalscharity.org.uk/will or call us on **0115 962 7905**.

Thank you

to everyone who has supported Nottingham Hospitals Charity during 2022/23 by fundraising, making a donation, volunteering, or leaving a gift in their Will.

To find out more about Nottingham Hospitals Charity please visit www.nottinghamhospitalscharity.org.uk/impactreport2023 or scan the QR code below.



Nottingham University Hospitals Charity,
2 Embley Road, Nottingham NG5 1RE.

Telephone: 0115 962 7905
Email: charity@nuh.nhs.uk

-  @NottinghamHospitalsCharity
-  @NUHCharity
-  @NUH_Charity

Nottingham University Hospitals Charity
Registered in England & Wales no. 1165397.
Company Limited by Guarantee registered in England no. 9978675.